

# Empowerment Lab

This interactive session explores how diversity, equity, and inclusion (DEI) can be translated from abstract concepts into practical, everyday behaviors that foster inclusive environments.

## What Clients Say

"Angela was amazing! Our team needed an excellent foundation for ongoing DEI work and she provided a thought-provoking base for that work. I highly recommend her to anyone looking to go to the next level in your DEI work."

-PARTNER, PUBLIC ACCOUNTING FIRM

## Daily DEI

### Empowering Inclusive Interactions

Participants will engage in meaningful discussions about the true meaning of DEI, learn to challenge common biased assumptions, and commit to actions that promote inclusivity. This session balances the significance of changing demographics, the relevance of DEI on a broad scale, and the power each individual has to shift workplace culture.

Participants will:

- Clarify and articulate the importance of key DEI concepts in their own words.
- Discover strategies to interrupt and redirect acts of bias.
- Learn how inclusive language and micro-validations foster a sense of belonging.
- Commit to specific actions that activate inclusion in their daily interactions.

A former Chief Diversity Officer in Corporate America, Angela Cooper has over two decades of business experience leading change and evolving cultures in healthy ways. As the founder of Mindpower Strategic, she now offers a full spectrum of strategic consulting, facilitated learning, and change management solutions.

## Book Angela

**Package discounts available!**

Please contact [angela@mindpowerstrategic.com](mailto:angela@mindpowerstrategic.com)  
or visit [www.mindpowerstrategic.com/book](http://www.mindpowerstrategic.com/book)

