

Angela Cooper

Culture Strategist

An award-winning change agent and inspiring thought leader, Angela Cooper has been helping business leaders shape stronger workplace cultures for more than two decades. Her focus on organizational health empowers business leaders to get strategic about building healthier workplaces where everyone can operate at their best.

Angela's signature keynotes and empowerment labs energize audiences to channel their energy, activate their values, and unleash their full potential.

Logistics

Audience: Intact Teams
Length: 90-minutes
Format: In-Person
Materials: THRIVE Wheel,
THRIVE 1:1 Templates
Group Size: up to 40

Culture *by Design*

Empowering Employees to Thrive

There is no question - healthy workplace cultures are directly linked to better business results. But the truth is, they don't happen by default—they happen by design.

For people to truly thrive at work, they must be equipped with what they need to succeed, and consistently supported to do their best work every day.

This Empowerment Lab introduces the THRIVE framework, a simple, repeatable process designed to help employees and managers work together to eliminate roadblocks, align on priorities, and build meaningful support through better coaching and development conversations.

What Participants Will Gain from This Lab:

- **Strategic Insight:** A deeper understanding of what it means - and what it takes - to thrive at work.
- **Personal Clarity:** A better understanding of where they're thriving and where they need more support.
- **Actionable Tools:** Repeatable, easy-to-use templates to prepare for one-on-one THRIVE Conversations.

Participants will leave this lab energized, equipped with practical tools, and excited to use what they've learned to help them thrive and succeed.



Book Angela

Please contact angela@mindpowerstrategic.com
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