

# Empowerment Lab



Empowerment labs from Mindpower Strategic offer unique teambuilding and mindset-shifting solutions that build inclusion, energy, and connection across teams.

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## Empower your *Future*

**New strategies to unlock your unique potential**

Where are you on your professional journey? If you're feeling stuck, you're not alone. The truth is that despite our talent and potential, many of us find we are falling short of the career goals we envision.

Uncertain about what we want and apprehensive about asking for more, we lose track of our ambitions in the fog of the daily grind.

You are capable of making big moves! If you want new tools to navigate your professional journey, this session is for you. It will offer you powerful strategies to reignite what fuels you, re-examine your goals, and reinforce your ability to attain them.

***\*This workshop is highly requested by diverse leadership cohorts and ERGs looking for professional development resources!***

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A former Chief Diversity Officer in Corporate America, Angela Cooper has over two decades of business experience leading change and evolving cultures in inclusive ways. As the founder of Mindpower Strategic, she now serves as a thought partner and change architect for forward-thinking business leaders who are invested in people-centered strategies.

*What Clients Say*

"This session helped me make a big mindset shift, and I realized I had become stagnant in my role. I needed this space, time and support to define how I want to grow."

-MANAGER,  
TRANSPORTATION INDUSTRY



*Book Angela*

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or visit [www.mindpowerstrategic.com/book](http://www.mindpowerstrategic.com/book)

